

Seefeld

TIROLS HOCHPLATEAU

EN



YOUR WEEKLY PROGRAMME

From Monday to Sunday – discover unforgettable experiences
and leisure highlights!



TIROLS HOCHPLATEAU

WEEKLY PROGRAMME

27.07.2024 - 04.08.2024 | Region Seefeld – Tirols Hochplateau



TRAINING CAMP OF GERMAN SOCCER TEAM HOLSTEIN KIEL

Saturday 27.07.2024, 00:00 | Soccer field Seefeld | Seefeld

Seefeld's perfect altitude and infrastructure, as well as the optimal all-round service, offer the best conditions for a game on the grass. For over 25 years, the Seefeld region has welcomed top international teams - this season also Holstein Kiel, a newly promoted team to the German Bundesliga. After a magnificent season, the club from the Baltic coast can once again call themselves a top division team for the first time since 1963. Test matches or training sessions open to the public will be announced by arrangement!



ART EXHIBITION WIEBKE NICKLISCH

Saturday 27.07.2024, 09:00 | Information centre Scharnitz | Scharnitz

Wiebke Nicklisch lives and works in Innsbruck. The city borders the Karwendel Nature Park to the south, which is an integral part of the artist's everyday life due to its close proximity. Her graphic watercolours and acrylic works depict alpine landscapes and make them visually accessible to everyone. Free admission!



YOUR INDIVIDUAL MOMENT WITH THE ALPACAS

Saturday 27.07.2024, 09:30 | Meeting point: Farm of "Tiroler Bio Alpakas" | Seefeld

Slow down and relax in the middle of our fluffy, large alpaca herd. Equipped with alpaca feed and our picnic blanket, you will head to the summer pasture where our curious alpacas are already waiting for you. Feed and pet our fluffy balls of fur from the lounge chair. In case of unpleasant weather, the pasture break will turn into a cozy time in the stable. No registration is required, duration: unlimited within opening hours; open arrival and departure possible; price per adult including feed € 18.00 and family package prices on request; tel: 0664/3820 625. More information online at www.bioalpakas.at.



KIDS MTB TECHNIQUE TRAINING AT KATZENKOPF

Saturday 27.07.2024, 15:00 | Flat Sucks Bikeschool – Katzenkopf | Leutasch

The technique training for children on the Katzenkopf offers beginners and slightly advanced riders the opportunity to learn the basics of riding technique in a fun way. With professional trainers, exercises are carried out on lift-supported single trails to improve coordination, braking, cornering technique and jumps. Children from 5 to 14 years can take part. Register directly with the FlatSucks Bikeschool - Katzenkopf at info@flatsucks.at, Tel.: 0664/4254829 or online at www.flatsucks.at.



KIS - ART IN SEEFELD - EXHIBITION ROSS BLECKNER

Saturday 27.07.2024, 16:00 | (Former) Fire Station, Münchner Str. 271 | Seefeld

Top-class art of the 20th century, an old fire station and the engagement of an internationally renowned art collector - these are the ingredients of a new cultural attraction in Seefeld. The sixth exhibition features works by the internationally renowned American artist Ross Bleckner "Flowers - Blumen".



TRAINING CAMP OF GERMAN SOCCER TEAM HOLSTEIN KIEL

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BASIC SKILLS KURS KATZENKOPF

Sunday 28.07.2024, 09:00 | Flat Sucks Bikeschool – Katzenkopf | Leutasch

A beginners' course awaits you, where adults and young people learn the basics for more safety and fun when mountain biking. Professional trainers show exercises for bike control, braking, cornering technique and positioning. The course can be booked for half a day (3 hours) for € 80.00 per person or a full day (5 hours) for € 120.00. Register directly with the FlatSucks Bikeschool - Katzenkopf at info@flatsucks.at, Tel.: 0664/4254829 or online at www.flatsucks.at.



SAFETY SKILLS E-BIKE - FLATSUCKS BIKESCHOOL

Sunday 28.07.2024, 09:00 | Flat Sucks Bikeschool – Katzenkopf | Leutasch

Rider safety training teaches you how to control your e-bike better so that you can ride more safely and have more fun in the mountains. The course starts with simple exercises on flat terrain and then takes you off-road to teach basic techniques such as braking, cornering and balance. The course is held with a professional trainer, lasts 3 hours and costs € 80.00 per person. Register directly with the FlatSucks Bikeschool - Katzenkopf at info@flatsucks.at, Tel.: 0664/4254829 or online at www.flatsucks.at.



TRAIL SKILLS COURSE KATZENKOPF

Sunday 28.07.2024, 09:00 | Flat Sucks Bikeschool – Katzenkopf | Leutasch

An advanced course awaits you, where adults and teenagers can deepen and improve their bike basics. Professional instructors will show you cornering exercises, riding techniques and much more. The course can be booked for half a day (3 hours) for € 80.00 per person or a full day (5 hours) for € 120.00. Registration directly at the FlatSucks Bikeschool - Katzenkopf at info@flatsucks.at, Tel.: 0664/4254829 or online at www.flatsucks.at. Requirements are trail experience on blue trails and safe riding.



SUMMER ACTIVITIES - ON THE TRACKS OF THE ANIMAL WORLD

Sunday 28.07.2024, 10:00 | Meeting point: Parking at Puitbach/Ahrn | Leutasch

When tracking together between footprints, loosings, feeding traces, dwellings and sleeping places, a leisurely nature walk quickly turns into a detective adventure. Sturdy shoes and weatherproof clothing are of course an advantage. Minimum number of participants: 3. With guest card € 13,00 without guest card € 23,00. Children with guest card € 5,00 without guest card € 13,00. Registration via the adventure store, the landlord or the regional information offices. Program in german and english.



SUMMER EXPERIENCES - WALKING MEDITATION

Sunday 28.07.2024, 14:00 | Weisses Rössl in Reith (by the church) | Reith

Contemplate art – celebrate life: Starting point is the "Weisses Rössl" in Reith. The tour follows the stream along the 'rosary trail' as far as the small Frau Häusl chapel and from there you return via the fields of larch trees, enjoying a fabulous view of Reith as you go. You will then visit the St. Nikolaus parish church, with one of the largest mosaics in Tyrol, and learn all about the history and legends surrounding Reith. After a great many interesting "Ah-ha" moments, the afternoon ends with some sacramental wine and bread. Price with guest card € 10.00, without guest card € 21.00. Registration via our online shop, the landlord or the regional information offices. Tour offered only in german.



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PUPILS' GOLF CUP

Monday 29.07.2024, 09:00 | Golf Club Seefeld-Wildmoos | Seefeld

Information and registration on www.seefeldgolf.com, tel. 05212/52402 or info@seefeldgolf.com.



SUMMER ACTIVITIES - NATURE PARK & GORGE "KARWENDELSCHLUCHT"

Monday 29.07.2024, 09:15 | Meeting point: Information office | Scharnitz

Get to know the biodiversity in Austria's largest nature park between rugged rock and roaring torrent. Sturdy shoes are required. Duration: 5 hours, difficulty: demanding. min. part.: 3. Price: with guest card € 18,00 without € 29,00. No free cancellation, except in case of cancellation due to weather conditions or if the minimum number of participants is not reached. Registration via our online shop, the landlord or the regional information offices. Program in German only.



E-BIKE TOUR WITH PERSONAL GUIDE (EASY-MEDIUM)

Monday 29.07.2024, 10:00 | Holy Bike, lift station Gschwandtkopf | Seefeld

After a short explanation of the e-bike and the most important basic rules for e-biking, you will set off on an interesting journey of discovery to the most beautiful places in the Seefeld region together with guide Fabian. Registration at fabian.kikl@gmx.at or phone: 0664/5465556. Price: € 79.00 excl. e-bike, duration: 5 hours incl. refreshments.



SHORT SEEFELD DISCOVERY TOUR ON A SEGWAY

Monday 29.07.2024, 10:30 | Seefeld Sports Arena | Seefeld

On this entertaining 1-hour Segway tour, all participants discover Seefeld and its immediate surroundings on the high plateau. We speed along at more than three times the walking speed and enjoy the marvellous landscape of the region. Adventure and nature experience guaranteed. Participants: min. 2 - max. 9 people. Costs: Small Seefeld tour: € 69.00 p.p. Duration: approx. 1 hour. Please book in advance by phone: 0664/3420702 or info@segway-tirol.info.



SEGWAY TRIAL COURSE

Monday 29.07.2024, 10:30 | Seefeld Sports Arena | Seefeld

Be sure to try out this new, "electrifying" way of travelling on the two-wheeled Segways. If you book a tour, the costs will be deducted from the tour price. Please book in advance by calling 0664/3420702 or emailing info@segway-tirol.info. Price per person € 15.00.



SUMMER ACTIVITIES - PETTING ZOO & VEGETARIAN FARMING

Monday 29.07.2024, 11:00 | Petting zoo "Sigis Sauhaufen" at the parish hill | Seefeld

Get to know animals and look behind the scenes of a vegetarian farm. Min. part.: 6. Sturdy shoes and hard-wearing clothes are an advantage. Price: with guest card € 10.00 (ad.), € 5.00 (child), without guest card, € 21.00 (ad.), € 13.00 (child): € 13,00. No free cancellation, except in case of cancellation due to weather conditions or if the minimum number of participants is not reached. Registration via our online shop, the landlord or the regional information offices. Program in German and English.



BIG SEEFELD SEGWAY TOUR

Monday 29.07.2024, 13:00 | Seefeld Sports Arena | Seefeld

Discover the landscape in an entirely new way - with unique Segway tour on the high plateau! Experience the incomparable sensation of "rolling out" into nature, powered by our electric Segways. The grand Seefeld Explorer Tour takes you from Seefeld towards Wildsee to Reith. Individual tours can also be booked for 2 people or more. Advance booking is recommended at tel.: 0664/3420702 or info@segway-tirol.info. Price per person € 79.00.



SUMMER ACTIVITIES - GOLF TRIAL LESSON

Monday 29.07.2024, 14:00 | Golf Club Seefeld Reith | Seefeld

Exclusively for guests with PlateauCard (regional guest card) - a unique offer with 50-minute introduction to golf. Use of course & equipment included. Price: € 23.00. Participants: max. 10 persons, registration: via our online shop, the VisitSeefeldGuide (digital holiday companion) or the regional info offices until the day before, 17.00. Programme in German and English.



FLOW TO YIN - YOGA SESSION

Monday 29.07.2024, 17:30 | Meeting point: Löwen-Pavillon Seefeld | Seefeld

An ideal balance for all athletes, if you sit a lot at work or do other one-sided activities. The yoga flow at the beginning of the class helps you to switch off. The deep, long, passive stretches effectively release tension in your muscles, tissues, nervous system and mind, and your body learns to cope better with stress. Registration requested! Bring a yoga mat or sleeping mat. Cost: € 18.



SUMMER ACTIVITIES - SUNSET TOUR UP THE GSCHWANDTKOPF

Monday 29.07.2024, 18:00 | Meeting point: Information office Mösern | Mösern/Buchen

Experience a guided evening hike with a spectacular peak finale and sunset! Min. participants: 3. Sturdy shoes and hiking clothes are required, pack a drink and snack. Price: with guest card € 13.00, without guest card, € 23.00 duration 3 hrs. No free cancellation, except in case of cancellation due to weather conditions or if the minimum number of participants is not reached. Registration via our online shop, the landlord or the regional information offices. Programme in German and English.



TYROLEAN EVENING WITH TRADITIONAL MUSIC

Monday 29.07.2024, 18:30 | Hotel Seefelderhof | Seefeld



TRAINING CAMP OF GERMAN SOCCER TEAM HOLSTEIN KIEL

Tuesday 30.07.2024, 00:00 | Soccer field Seefeld | Seefeld

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SUMMER ACTIVITIES - SUNRISE WALK UP THE GSCHWANDTKOPF

Tuesday 30.07.2024, 05:30 | Meeting point: Bottom station Gschwandtkopf | Seefeld

Experience a guided morning hike with a spectacular peak finale and sunrise! Min. participants: 3. Sturdy shoes and hiking clothes are required, pack a drink and snack. Price: with guest card € 13.00, without guest card, € 23.00 duration 3 hrs. No free cancellation, except in case of cancellation due to weather conditions or if the minimum number of participants is not reached. Registration via our online shop, the landlord or the regional information offices. Program in German, English and Italian.



ART EXHIBITION WIEBKE NICKLISCH

Tuesday 30.07.2024, 09:00 | Information centre Scharnitz | Scharnitz

Wiebke Nicklisch lives and works in Innsbruck. The city borders the Karwendel Nature Park to the south, which is an integral part of the artist's everyday life due to its close proximity. Her graphic watercolours and acrylic works depict alpine landscapes and make them visually accessible to everyone. Free admission!



BASIC SKILLS KURS KATZENKOPF

Tuesday 30.07.2024, 09:00 | Flat Sucks Bikeschool – Katzenkopf | Leutasch

A beginners' course awaits you, where adults and young people learn the basics for more safety and fun when mountain biking. Professional trainers show exercises for bike control, braking, cornering technique and positioning. The course can be booked for half a day (3 hours) for € 80.00 per person or a full day (5 hours) for € 120.00. Register directly with the FlatSucks Bikeschool - Katzenkopf at info@flatsucks.at, Tel.: 0664/4254829 or online at www.flatsucks.at.



GUIDED HIKE TO THE "RAUTHHÜTTE"

Tuesday 30.07.2024, 09:00 | Parking behind Hotel Hubertushof, Leutasch Reindlau |

Guided hiking tour to the Rauthhütte with mountain guide Harald Wilhelm. Meeting point/start is the Munde car park in Leutasch-Moos. Start time: 09.00 hrs, duration: half-day tour, participants: 4-8 people, costs: from € 38.00 per person. An information evening will take place on Sunday, 28.07.2024 at 18.00 in the Princess Bergfrieden, Milserstr. 274, 6100 Seefeld in Tirol. Registration requested by Sunday 28.07.2024 until 6.00 pm under Tel.: 0650/2909731.



SUMMER ACTIVITIES - STADIUM SEEFELD SPORTS ARENA & BIATHLON TRY-OUT

Tuesday 30.07.2024, 09:30 | Meeting point: information office | Seefeld

Immerse yourself in the history of Nordic competition and walk in the footsteps of Nordic sports yourself at the biathlon test shooting. Min. participants: 3. Exclusively for guests with guest card € 19,00, duration 2 h. Trial shooting is possible from 15 years and from a height of 140 cm. Registration via our online shop, the rental company or the regional information offices. Program in German and English.



EXHIBITION "75 YEARS OF STEINRÖSLER"

Tuesday 30.07.2024, 10:00 | Ganghofer Museum House of Culture | Leutasch

On the occasion of the 75th anniversary of the "Leutascher Gesangs-, Theater- und Trachtenverins Steinrösler" an anniversary exhibition takes place in the Kulturhaus Ganghofermuseum. Exhibition duration: until the end of September during the opening hours of the Ganghofer Museum.



E-BIKE TRIAL TOUR WITH PERSONAL GUIDE (EASY)

Tuesday 30.07.2024, 10:00 | Shop Holy Bike, bottom station Gschwandtkopf | Seefeld

Join guide Fabian on an interesting journey of discovery to the most beautiful places in the Seefeld region. Register at fabian.kikl@gmx.at or 0664/5465556. Price: € 59.00 incl. e-bike, duration: 3 hours with refreshments.



SEEFELD'S TUESDAY MARKET

Tuesday 30.07.2024, 10:00 | Village square | Seefeld

Seasonal, regional products and traditional Tyrolean specialities from local farmers are on sale every Tuesday in Seefeld's weekly market in the village square. Try out the mouth-watering local specialities!



SUMMER ACTIVITIES - EXPERIENCE NATURE - WITH ALL YOUR SENSES

Tuesday 30.07.2024, 10:00 | parking 'Munde', Moos | Leutasch

Discover real natural diversity with all your senses, because Bantl Hansi knows the Leutasch Valley like no other. Min. number of part.: 3. Weatherproof shoes and clothing are an advantage, pack a drink and snack. Free with guest card, without guest card: adults € 22,00 children (6-15 J.) € 12,00. Duration: 3 h. Program in German only. Registration via our online shop, the landlord or the regional information offices.



TRAIL SKILLS COURSE KATZENKOPF

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SUMMER ACTIVITIES - NATURE'S PHARMACY BY E. GASSLER

Tuesday 30.07.2024, 14:30 | Meeting point: Village square | Reith

Themed walk through the world of meadow herbs and medicinal plants. Minimum number of participants: 3. Hiking shoes and weatherproof clothing are an advantage. Bring a drink and snack! Dogs are welcome. Price with guest card: € 13.00, without guest card: € 23.00. Duration: 3 h. Programme in German only. Registration via our online shop, the landlord or the regional information offices.



SUMMER ACTIVITIES - BREWING TRADITION AND TASTING

Tuesday 30.07.2024, 16:00 | Restaurant "Bräukeller - Grill & Veggie" | Seefeld

The programme includes an introduction to the art of brewing with a convivial tasting of home-brewed beers. Participation is possible from the age of 16. Min. participants: 3. Price: with guest card € 12.00, without guest card € 23.00. Duration 1 h. No free cancellation, except in case of cancellation due to weather conditions or if the minimum number of participants is not reached. Registration via our online shop, the landlord or the regional information offices. Program in German and English.



LIVE MUSIC WITH MUSICAL GROUP "THE ACOUSTIC BAND"

Tuesday 30.07.2024, 18:30 | Hotel Klosterbräu & Spa***, hotel bar | Seefeld**

"The Acoustic Band" stands for a colourful mix of cult and modern. The programme is put together for each performance with a lot of experience, sensitivity and a feeling for the perfect moment.



TRAINING CAMP OF GERMAN SOCCER TEAM HOLSTEIN KIEL

Wednesday 31.07.2024, 00:00 | Soccer field Seefeld | Seefeld

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SUMMER ACTIVITIES - GORGE GLEIRSCHKLAMM

Wednesday 31.07.2024, 09:15 | Meeting point: information office | Scharnitz

Embark on an exciting journey through time in the footsteps of woodworkers and visit the museum Holzerhütte. Good shoes and weatherproof clothing are recommended, as well as taking along drinks and snacks (no refreshments).. Duration: 5 hrs. (pure walking time). Price with guest card € 18,00 and without guest card € 29,00. Registration via our online shop, the landlord or the regional information offices. Program in German only.



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E-BIKE TOUR WITH PERSONAL GUIDE (EASY-MEDIUM)

Wednesday 31.07.2024, 10:00 | Holy Bike, lift station Gschwandtkopf | Seefeld

After a short explanation of the e-bike and the most important basic rules for e-biking, you will set off on an interesting journey of discovery to the most beautiful places in the Seefeld region together with guide Fabian. Registration at fabian.kickl@gmx.at or phone: 0664/5465556. Price: € 79.00 excl. e-bike, duration: 5 hours incl. refreshments.



SUMMER ACTIVITIES - HISTORICAL WALK THROUGH SEEFELD

Wednesday 31.07.2024, 10:00 | Information office Seefeld | Seefeld

A guided time travel through the village history with certified storytellers. Dogs are welcome. Minimum number of participants: 3. Duration 2 hrs. Good shoes are an advantage. Exclusively for guests with guest card for € 10,00. Registration via our online shop, the landlord or the regional information offices. Program in German, English and on request also in Italian.



SUMMER EXPERIENCES - TYROLEAN CUISINE WORKSHOP

Wednesday 31.07.2024, 10:00 | in Gasthaus Brücke | Leutasch

Culinary voyage of discovery with the finest the region has to offer. After you have uncovered the secrets of the art of cooking together with chef and organic farmer Walter Schweigl, the masterpieces will be tasted. Participation from 12 years possible. Exclusively for guests with guest card € 34. Registration via our online store, the landlord or the info offices. Program in English, German and French.



ON THE SEGWAY TO THE WILDMOOSALM

Wednesday 31.07.2024, 11:00 | Seefeld Sports Arena | Seefeld

On this adventurous approximately 2-hour Segway tour, you'll start from Seefeld heading towards Reith near Seefeld, passing by Wildsee through the nearby forest. After this short introductory round, venture through the tunnel and up gravel paths to Wildmoosalm. Upon arrival at Wildmoosalm, all participants can refresh themselves at the "Schnapsbrunnen" or enjoy delicacies from the menu. Book your Segway tour now and discover the high plateau in a completely new, "electrifying" way! Advance booking is recommended at tel.: 0664/3420702 or info@segway-tirol.info. Price per person € 89.00.



SUMMER ACTIVITIES - SHINRIN YOKU - FOREST BATHING IN SEEFELD

Wednesday 31.07.2024, 14:00 | Meeting point: Parking P3, Innsbrucker Straße | Seefeld

Just get out. And into the forest. Take a deep breath and relax. Takes place in all weathers. Weatherproof shoes and clothing are requested. Price with guest card € 10,00, without guest card: € 21,00. Duration: 2 h. Registration: online shop, the landlord or the regional information offices until Tuesday, 17.00. Program German, English, Italian and French.



AFTERWORK WELLNESS TREAT

Wednesday 31.07.2024, 15:00 | Hotel Alpin Resort Sacher | Seefeld

Experience ultimate relaxation and rejuvenation at the Late Spa at AlpinResort Sacher! For € 70.00 per guest, enjoy access to a wellness experience with a glass of sparkling wine and cake buffet, as well as professional peeling and sauna infusions with a sauna master - a perfect way to end a workday. Reservation at tel. 05212/2272.



SOMMER ACTIVITIES - HERBAL WORKSHOP

Wednesday 31.07.2024, 17:15 | Meeting point: information office | Scharnitz

Wednesday in Scharnitz belongs to our experienced herbalist Sabine Dallmann and her meadow pharmacy: In the workshop you will learn about the effect and use of local herbs and medicinal plants and then create your own herbal ointment as a special kind of souvenir under expert guidance. Participation also for children (from 10 y.), price: with guest card € 10,00 without guest card € 20,00. Registration via our online shop, the landlord or the regional information offices. Programme in German only.



SUMMER ACTIVITIES - SUNDOWNER PICNIC AT SEEFELDER JOCH

Wednesday 31.07.2024, 17:30 | Meeting point: Bottom station Rosshütte | Seefeld

Enjoy a sundowner picnic with one of the most beautiful sunsets in the Seefeld region, ascent and descent to Seefelder Joch, picnic & picnic blanket included. Min. participants: 3. Picnic can be arranged at Seefelder Joch and picnic blanket can also be borrowed there. Price: € 50.00, for holders of annual tickets and Freizeitticket € 25.00. Duration until approx. 22.15 then descent (time is adjusted to the date or time of sunset, is included in the participant information, which arrives the day before). Registration via our adventure shop, the landlord or the regional information offices.



HATHA YOGA

Wednesday 31.07.2024, 19:00 | training classroom in the emergency Seefeld | Seefeld

The course is open to all participants, young and old, with adapted exercises at different levels of difficulty. A mix of asanas, breathing, concentration and meditation exercises awaits you. Registration: 0670 554 5373 or carina.krautzig@googlemail.com.



GALA DINNER WITH LIVE MUSIC

Wednesday 31.07.2024, 20:00 | Hotel Seefelderhof | Seefeld

Every Wednesday gala dinner with live music from 20.00. Admission free! Price per person: € 47.00. Reservation requested: tel. 05212/2373 or hotel@seefeldhof.com.



TRAINING CAMP OF GERMAN SOCCER TEAM HOLSTEIN KIEL

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Join guide Fabian on an interesting journey of discovery to the most beautiful places in the Seefeld region. Register at fabiankikl@gmx.at or 0664/5465556. Price: € 59.00 incl. e-bike, duration: 3 hours with refreshments.



ANJA'S BREAD BAKING COURSES - "AROUND THE WOOD-BURNING OVEN"

Thursday 01.08.2024, 14:00 | Lehner 200b | Leutasch

We make simple yeast dough for the health-conscious beginner who does not want to do without a homemade bread in everyday life. Cost: € 60,00 (incl. recipe materials, samples and a lot of inspiration). Duration: 3 h. Only with advance reservation: Tel. 0650 2200957 or info@naturkorn.at.



SUMMER ACTIVITIES - GOLF TRIAL LESSON FOR YOUNG AND OLD

Thursday 01.08.2024, 14:00 | Golf Club Seefeld-Wildmoos | Seefeld

A unique special offer with a 60-minute introduction to the sport of golf. Use of the practice facility, golf clubs, and range balls included. Price: €25.00 per adult and €15.00 per child (6-15 years old, only accompanied by an adult). Registration: through our experience shop, the VisitSeefeldGuide (digital holiday companion), or the local tourist information offices until the day before 20.00. Program available in German and English.



SUMMER ACTIVITIES: LET IT BEE - A HIKE ON THE BEE TRAIL

Thursday 01.08.2024, 14:00 | Meeting point: Village square | Reith

A wonderful walk through the world of wild and honey bees. In case of bad weather and heavy rain the hike will be cancelled. Minimum number of participants: 3. Hiking shoes and weatherproof clothing are an advantage. Price with guest card: € 11.00 adult, € 5.00 children, without guest card: € 23.00 adult, € 13.00 children. Duration: 2.5 h. Programme in German and English (on request). Registration via our online shop, the landlord or the regional information offices.



EXHIBITION "75 YEARS OF STEINRÖSLER"

Thursday 01.08.2024, 15:00 | Ganghofer Museum House of Culture | Leutasch

On the occasion of the 75th anniversary of the "Leutascher Gesangs-, Theater- und Trachtenverins Steinrösler" an anniversary exhibition takes place in the Kulturhaus Ganghofermuseum. Exhibition duration: until the end of September during the opening hours of the Ganghofer Museum.



SUMMER EXPERIENCES - SMOKING

Thursday 01.08.2024, 15:45 | Meditation room in the Kreithalm | Leutasch

Incense, a forgotten but very valuable ritual, is not only supportive at Christmas, but all year round. In a workshop with mental trainer Sigrid Pichler, you will be shown which resins and herbs are suitable for the desired effects and how to use them correctly. Participants: max. 15. Duration: 90 min. Price: with guest card € 17.00, without € 28.00. No free cancellation, except in case of cancellation due to weather conditions or if the minimum number of participants is not reached. Registration via our online shop, the landlord or the regional information offices. Programme in German only.



LIVE MUSIC AND ENTERTAINMENT WITH THE DUO STEFANIE VEIT

Thursday 01.08.2024, 18:00 | Hotel Klosterbräu & Spa***, hotel bar | Seefeld**

Live music and entertainment promise an entertaining evening. Free admission, no reservation necessary!



SUMMER CONCERTS IN LEUTASCH

Thursday 01.08.2024, 20:15 | Music pavilion in Weidach | Leutasch

A colorful bouquet of brass music, presented by the Musikkapelle Leutasch and others, will accompany you through the whole summer! There is music for every taste. There is also a small drinks bar.



LIVE CABARET SERIES WITH BARBARA BALLDINI

Thursday 01.08.2024, 20:20 | Cinepoint 3 D Kino Seefeld | Seefeld

Experience Balldini live in your Seefeld cinema! In her shows, she takes us into the world of Sigmund Freud, lovingly and humorously explains the phases of psychosexual development, and delves into our psyche, preferences, and desires. Look forward to program presentations such as "Of Love, Sex, and Other Misconceptions", "Balldini is Coming", "Roadworthy", and "SextraFunny". Get your tickets directly on www.cinepoint.at.



NIGHT OF CLASSICS - RUDENS TURKU & FRIENDS

Thursday 01.08.2024, 20:30 | Park Kurpark, bandstand | Seefeld

Over the past 16 years, the Musiktage Seefeld, which hosts internationally renowned university professors and "rising stars" of the classical music scene every August, has developed brilliantly. A solitaire in the Austrian festival scene. Look forward to intense musical experiences!



TRAINING CAMP OF GERMAN SOCCER TEAM HOLSTEIN KIEL

Friday 02.08.2024, 00:00 | Soccer field Seefeld | Seefeld

Seefeld's perfect altitude and infrastructure, as well as the optimal all-round service, offer the best conditions for a game on the grass. For over 25 years, the Seefeld region has welcomed top international teams - this season also Holstein Kiel, a newly promoted team to the German Bundesliga. After a magnificent season, the club from the Baltic coast can once again call themselves a top division team for the first time since 1963. Test matches or training sessions open to the public will be announced by arrangement!



SUMMER ACTIVITIES - SUNRISE E-BIKE TOUR

Friday 02.08.2024, 05:30 | Meeting point: Bottom station Gschwandtkopf | Seefeld

Experience the sunrise on a spectacular viewing platform on the Brunschkopf at 1510 metres above sea level! Min. participants: 3. Please bring your own or a rental bike. Price: with guest card € 13,00, without guest card € 23,00, duration 2 hrs. No free cancellation, except in case of cancellation due to weather conditions or if the minimum number of participants is not reached. Registration via our online shop, the landlord or the regional information offices. Program in German, English and Italian.



ART EXHIBITION WIEBKE NICKLISCH

Friday 02.08.2024, 09:00 | Information centre Scharnitz | Scharnitz

Wiebke Nicklisch lives and works in Innsbruck. The city borders the Karwendel Nature Park to the south, which is an integral part of the artist's everyday life due to its close proximity. Her graphic watercolours and acrylic works depict alpine landscapes and make them visually accessible to everyone. Free admission!



CANYONING TOUR LEUTASCH-BERGLEINTAL

Friday 02.08.2024, 09:00 | Leutasch-Bergleintal | Leutasch

Experience the adventure of canyoning together with Team Sport Aktiv! Immerse yourself in the fascinating world of gorges and waterfalls while canyoning! The canyoning tour in the Leutasch-Bergleintal valley offers two different tours in the morning and afternoon. The main date is every Friday at 09.00, meeting point Gschwandtkopf. Other dates are available on request. The minimum number of participants is 4 and the price is € 135,00 per person including material and equipment for 4 participants. For information and registration call: 0664/3927846 or 0660/2159534.



MAMA YOGA - YOGA WITH BABY

Friday 02.08.2024, 09:00 | Training room at Red Cross Station | Seefeld

Can also be called postnatal yoga. Activate your body and mind after pregnancy through gentle hatha yoga practice. The yoga exercises are specially designed for the time after birth and in the first year with your baby. Registration: 0043 670 554 5373 or carina.krautzig@googlemail.com.



E-BIKE TOUR WITH PERSONAL GUIDE (MEDIUM-DIFFICULT)

Friday 02.08.2024, 10:00 | Holy Biker, lift station Gschwandtkopf | Seefeld

After a short explanation of the e-bike and the most important basic rules for e-biking, you will set off on an interesting journey of discovery to the most beautiful places in the Seefeld region together with guide Fabian. Registration at fabiankikl@gmx.at or phone: 0664/5465556. Price: € 79.00 excl. e-bike, duration: 5 hours incl. refreshments.



YOUR INDIVIDUAL MOMENT WITH THE ALPACAS

Friday 02.08.2024, 13:00 | Meeting point: Farm of "Tiroler Bio Alpakas" | Seefeld

Slow down and relax in the middle of our fluffy, large alpaca herd. Equipped with alpaca feed and our picnic blanket, you will head to the summer pasture where our curious alpacas are already waiting for you. Feed and pet our fluffy balls of fur from the lounge chair. In case of unpleasant weather, the pasture break will turn into a cozy time in the stable. No registration is required, duration: unlimited within opening hours; open arrival and departure possible; price per adult including feed € 18.00 and family package prices on request; tel: 0664/3820 625. More information online at www.bioalpakas.at.



SEGWAY TRIAL COURSE

Friday 02.08.2024, 13:00 | Seefeld Sports Arena | Seefeld

Be sure to try out this new, "electrifying" way of travelling on the two-wheeled Segways. If you book a tour, the costs will be deducted from the tour price. Please book in advance by calling 0664/3420702 or emailing info@segway-tirol.info. Price per person € 15.00.



„ELEVATED ECHOES” TOURING CONCERT

Friday 02.08.2024, 13:30 | Parking lot Seewaldalm | Mösern/Buchen

ELEVATED ECHOS are hiking concerts in the Tyrolean countryside, where violinist Annette Fritz hikes through the landscape with the audience and presents musical and artistic contributions at various locations. This cultural and musical adventure combines the beauty of nature with the depth of art. Please register in advance so that up-to-date information can be provided in the event of bad weather. You can register at www.elevatedechos.com or by e-mail to info@elevatedechos.com.



ON THE SEGWAY TO THE WILDMOOSALM

Friday 02.08.2024, 14:30 | Seefeld Sports Arena | Seefeld

On this adventurous approximately 2-hour Segway tour, you'll start from Seefeld heading towards Reith near Seefeld, passing by Wildsee through the nearby forest. After this short introductory round, venture through the tunnel and up gravel paths to Wildmoosalm. Upon arrival at Wildmoosalm, all participants can refresh themselves at the "Schnapsbrunnen" or enjoy delicacies from the menu. Book your Segway tour now and discover the high plateau in a completely new, "electrifying" way! Advance booking is recommended at tel.: 0664/3420702 or info@segway-tirol.info. Price per person € 89.00.



EXHIBITION "75 YEARS OF STEINRÖSLER"

Friday 02.08.2024, 15:00 | Ganghofer Museum House of Culture | Leutasch

On the occasion of the 75th anniversary of the "Leutascher Gesangs-, Theater- und Trachtenverins Steinrösler" an anniversary exhibition takes place in the Kulturhaus Ganghofermuseum. Exhibition duration: until the end of September during the opening hours of the Ganghofer Museum.



SUMMER ACTIVITIES - ALPAKAS WALK

Friday 02.08.2024, 15:00 | Meeting point: Farm house "Tiroler Bio Alpakas" | Seefeld

Probably the "fluffiest" hiking experience ever with the "woolly teddy bears". Programme will be adapted to weather conditions. Min. number of participants: 3. Hiking shoes and weatherproof clothing required. Participation of children and young people is only possible if accompanied. Price with guest card: adults € 22.00, children (4-14 yrs.): € 13.00; without guest card: adults € 30.00, children (4-14 yrs.) € 20.00. Duration: 2 hrs. programme in German, English, French and Italian. Registration requested.



KIS - ART IN SEEFELD - EXHIBITION ROSS BLECKNER

Friday 02.08.2024, 16:00 | (Former) Fire Station, Münchner Str. 271 | Seefeld

Top-class art of the 20th century, an old fire station and the engagement of an internationally renowned art collector - these are the ingredients of a new cultural attraction in Seefeld. The sixth exhibition features works by the internationally renowned American artist Ross Bleckner "Flowers - Blumen".



MOUNTAIN YOGA

Friday 02.08.2024, 16:45 | Kaltwassersee lake, Bergbahnen Rosshütte | Seefeld

Enjoy soothing break from everyday life with mountain yoga at the cold water lake! Meeting point: 16.45, mountain station, start: 17.00, suitable for all levels. Registration at www.caroyoga.at/mountainyoga, price: € 18.00. Bring your own yoga mat, rent a mat upon prior arrangement at info@caroyoga.at. Also recommended: sports clothing appropriate to the weather, sun protection and a water bottle.



ALPACA WALK WITH FOAL SHOW & PERUVIAN COCKTAILS

Friday 02.08.2024, 17:00 | Alpaca farm | Seefeld

Experience a relaxing hike with the woolly Andean camels of the Tiroler Bio Alpakas farm. Enjoy Peruvian cocktails on the pasture afterwards. Get to know the gentle alpacas better during the farm tour. Enjoy 2 hours of pure nature! Duration: approx. 2 hrs; price per adult € 34.00; per child € 21.00 (4 - 14 years). Registration: info@bioalpakas.at, tel: 0664/3820 625. More information online at www.bioalpakas.at.



HOCHEGG BBQ - DRINKS, FOOD & MUSIC

Friday 02.08.2024, 17:00 | Hut Hochegg Alm | Seefeld

It's lively at the Hochegg Alm! Every Friday evening, weather permitting, the music starts - DJs, live music, breathtaking views, BBQ, and cool drinks - what more could you want? Shuttle transfer from 17.30 at the valley station, uphill ride free of charge. Happy Hour from 17.00 to 18.00, 1+1, BBQ starts at 18.00, all u can eat. Adults € 29.00, Children up to 14 years € 18.00. Reservations are requested: g.zimmermann@bergbahnen-seefeld.com or tel. 05212/2416.



OPEN AIR DJ AT THE BEER GARDEN

Friday 02.08.2024, 17:00 | Restaurant L5 | Seefeld

In the guest garden with majestic chestnut trees that provide soothing shade, a DJ performs every Friday, captivating visitors with relaxed chill house music. Here, there is a pleasant and stylish atmosphere for relaxation, where enjoyment is highly valued.



SEEFELD MUSIC DAYS - SEEFELD IS SWINGING

Friday 02.08.2024, 18:00 | Pedestrian area | Seefeld

The Seefeld pedestrian zone will be enlivened by 2-3 classical music groups. The talented musicians will play at various locations along the pedestrian zone, creating a cosy acoustic ambience in the town centre and enchanting visitors with their wonderful sounds. A musical treat not to be missed!



AIR RIFLE SHOOTING

Friday 02.08.2024, 19:00 | Rifle club, Kirchplatzl | Leutasch

If a certain number of points is reached, a badge is awarded; € 4.00 for five test shots and ten scoring shots (incl. badge). There are 8 shooting ranges incl. associated rifles as well as various competition opportunities. Seating and a bar for a cosy get-together are on site.



DJ NIGHT AT THE BLACK PONY - CASUAL BAR

Friday 02.08.2024, 20:30 | Black Pony - casual bar | Seefeld

DJ Judge al Black Pony - Casual Bar! Look forward to the coolest vibes and fantastic beats in a unique atmosphere. Join us and enjoy an unforgettable evening!



LIVE MUSIC WITH MUSICAL GROUP "DIE 3 HOAMELIGEN"

Friday 02.08.2024, 21:15 | Hotel Klosterbräu & Spa***, hotel bar | Seefeld**

The "Hoameligen", with a sound musical education at the Mozarteum and elsewhere and a family passion for music, interpret local music in a completely new way. The interest in constantly developing musically has secured them a unique musical selling point. The inner harmony of the group is an important component.



TRAINING CAMP OF GERMAN SOCCER TEAM HOLSTEIN KIEL

Saturday 03.08.2024, 00:00 | Soccer field Seefeld | Seefeld

Seefeld's perfect altitude and infrastructure, as well as the optimal all-round service, offer the best conditions for a game on the grass. For over 25 years, the Seefeld region has welcomed top international teams - this season also Holstein Kiel, a newly promoted team to the German Bundesliga. After a magnificent season, the club from the Baltic coast can once again call themselves a top division team for the first time since 1963. Test matches or training sessions open to the public will be announced by arrangement!



ART EXHIBITION WIEBKE NICKLISCH

Saturday 03.08.2024, 09:00 | Information centre Scharnitz | Scharnitz

Wiebke Nicklisch lives and works in Innsbruck. The city borders the Karwendel Nature Park to the south, which is an integral part of the artist's everyday life due to its close proximity. Her graphic watercolours and acrylic works depict alpine landscapes and make them visually accessible to everyone. Free admission!



YOUR INDIVIDUAL MOMENT WITH THE ALPACAS

Saturday 03.08.2024, 09:30 | Meeting point: Farm of "Tiroler Bio Alpakas" | Seefeld

Slow down and relax in the middle of our fluffy, large alpaca herd. Equipped with alpaca feed and our picnic blanket, you will head to the summer pasture where our curious alpacas are already waiting for you. Feed and pet our fluffy balls of fur from the lounge chair. In case of unpleasant weather, the pasture break will turn into a cozy time in the stable. No registration is required, duration: unlimited within opening hours; open arrival and departure possible; price per adult including feed € 18.00 and family package prices on request; tel: 0664/3820 625. More information online at www.bioalpakas.at.



GANGHOFER TRAIL LEUTASCH

Saturday 03.08.2024, 09:30 | hall Wettersteinhalle | Leutasch

The highlight of the running season in the running arena of the Seefeld region - Tirol's high plateau - is the Ganghofer Trail Leutasch. The aim is to run through the Leutasch high valley on beautiful forest and meadow paths. Every running fan will find their trail route of choice with distances of 7.4 km (fun run), 14.4 km (pleasure trail) and 21.8 km (Ganghofer Trail). All young runners can celebrate their first successes on the 250 m Mini Trail, the 1 km Children's Trail or the 2 km Junior Trail. Nordic walkers are welcome to take part in the 7.4 km fun run (start from the back of the pack). However, there is no separate classification for Nordic walking.



SUMMER ACTIVITIES - ALPAKAS WALK

Saturday 03.08.2024, 10:00 | Meeting point: Farm house "Tiroler Bio Alpakas" | Seefeld

Probably the "fluffiest" hiking experience ever with the "woolly teddy bears". Programme will be adapted to weather conditions. Min. number of participants: 3. Hiking shoes and weatherproof clothing required. Participation of children and young people is only possible if accompanied. Price with guest card: adults € 22.00, children (4-14 yrs.): € 13.00; without guest card: adults € 30.00, children (4-14 yrs.) € 20.00. Duration: 2 hrs. programme in German, English, French and Italian. Registration requested.



1. SEEFELDER „BAUERN-OLYMPIADE“

Saturday 03.08.2024, 14:00 | Seefeld Kurpark | Seefeld

On 3rd of August, 2024, it's „On your marks, get set, go!“ A day full of fun and exciting competitions awaits you in the Kurpark at the first "Farmers' Olympics" organized by "Jungbauern Seefeld"! Registration until 28th July, 2024 at jungbauern.seefeld@gmail.com or phone: 0664/1968377. Entry fee € 40.00 per team - free entry.



KIDS MTB TECHNIQUE TRAINING AT KATZENKOPF

Saturday 03.08.2024, 15:00 | Flat Sucks Bikeschool – Katzenkopf | Leutasch

The technique training for children on the Katzenkopf offers beginners and slightly advanced riders the opportunity to learn the basics of riding technique in a fun way. With professional trainers, exercises are carried out on lift-supported single trails to improve coordination, braking, cornering technique and jumps. Children from 5 to 14 years can take part. Register directly with the FlatSucks Bikeschool - Katzenkopf at info@flatsucks.at, Tel.: 0664/4254829 or online at www.flatsucks.at.



KIS - ART IN SEEFELD - EXHIBITION ROSS BLECKNER

Saturday 03.08.2024, 16:00 | (Former) Fire Station, Münchner Str. 271 | Seefeld

Top-class art of the 20th century, an old fire station and the engagement of an internationally renowned art collector - these are the ingredients of a new cultural attraction in Seefeld. The sixth exhibition features works by the internationally renowned American artist Ross Bleckner "Flowers - Blumen".



1ST MASTER CLASS CONCERT OF SEEFELD MUSIC DAYS

Saturday 03.08.2024, 20:30 | Congress centre Olympia, hall Olympia | Seefeld

Enjoy the remarkable joint concert of the master classes of the Music Days, where they showcase their musical excellence! 1st Master Class Concert - "The Path Revealed": In the grand finale of the master class led by Wen-Sinn Yang for cello, Milana Chernyavska for piano, Jano Lisboa for viola and Rudens Turku for violin, your paths will intersect with those of young exceptional talents. Get ready for a summer concert that explores the musical map in all directions. Ticket sale: <https://musiktage-seefeld.at/internationale-musiktage/konzerte>.



LIVE MUSIK & ENTERTAINMENT WITH "ONLY SPRING"

Saturday 03.08.2024, 21:00 | Hotel Eden, bar Eva's temptation | Seefeld

Shake a leg or sing along - atmosphere and swing guaranteed with soloist Benjamin Keplinger.



TRAINING CAMP OF GERMAN SOCCER TEAM HOLSTEIN KIEL

Sunday 04.08.2024, 00:00 | Soccer field Seefeld | Seefeld

Seefeld's perfect altitude and infrastructure, as well as the optimal all-round service, offer the best conditions for a game on the grass. For over 25 years, the Seefeld region has welcomed top international teams - this season also Holstein Kiel, a newly promoted team to the German Bundesliga. After a magnificent season, the club from the Baltic coast can once again call themselves a top division team for the first time since 1963. Test matches or training sessions open to the public will be announced by arrangement!



ART EXHIBITION WIEBKE NICKLISCH

Sunday 04.08.2024, 09:00 | Information centre Scharnitz | Scharnitz

Wiebke Nicklisch lives and works in Innsbruck. The city borders the Karwendel Nature Park to the south, which is an integral part of the artist's everyday life due to its close proximity. Her graphic watercolours and acrylic works depict alpine landscapes and make them visually accessible to everyone. Free admission!



SUMMER ACTIVITIES - ON THE TRACKS OF THE ANIMAL WORLD

Sunday 04.08.2024, 10:00 | Meeting point: Parking at Puitbach/Ahrn | Leutasch

When tracking together between footprints, loosings, feeding traces, dwellings and sleeping places, a leisurely nature walk quickly turns into a detective adventure. Sturdy shoes and weatherproof clothing are of course an advantage. Minimum number of participants: 3. With guest card € 13,00 without guest card € 23,00. Children with guest card € 5,00 without guest card € 13,00. Registration via the adventure store, the landlord or the regional information offices. Program in german and english.



CONCERT OF THE MUSIKKAPELLE SEEFELD @ ROSSHÜTTE BEER GARDEN

Sunday 04.08.2024, 12:00 | Rosshütte, Biergarten | Seefeld

Enjoy a very special concert with an breath-taking panoramic view - the local brass band Bürgermusikpelle Seefeld performs at the Rosshütte in the beer garden at 1750 m.



SUMMER EXPERIENCES - WALKING MEDITATION

Sunday 04.08.2024, 14:00 | Weisses Rössl in Reith (by the church) | Reith

Contemplate art – celebrate life: Starting point is the “Weisses Rössl” in Reith. The tour follows the stream along the ‘rosary trail’ as far as the small Frau Häusl chapel and from there you return via the fields of larch trees, enjoying a fabulous view of Reith as you go. You will then visit the St. Nikolaus parish church, with one of the largest mosaics in Tyrol, and learn all about the history and legends surrounding Reith. After a great many interesting “Ah-ha” moments, the afternoon ends with some sacramental wine and bread. Price with guest card € 10.00, without guest card € 21.00. Registration via our online shop, the landlord or the regional information offices. Tour offered only in german.



KIS - ART IN SEEFELD - EXHIBITION ROSS BLECKNER

Sunday 04.08.2024, 16:00 | (Former) Fire Station, Münchner Str. 271 | Seefeld

Top-class art of the 20th century, an old fire station and the engagement of an internationally renowned art collector - these are the ingredients of a new cultural attraction in Seefeld. The sixth exhibition features works by the internationally renowned American artist Ross Bleckner "Flowers - Blumen".



SUMMER ACTIVITIES - SUNDOWNER PICNIC AT SEEFELDER JOCH

Sunday 04.08.2024, 17:00 | Meeting point: Bottom station Rosshütte | Seefeld

Enjoy a sundowner picnic with one of the most beautiful sunsets in the Seefeld region, ascent and descent to Seefelder Joch, picnic & picnic blanket included. Min. participants: 3. Picnic can be arranged at Seefelder Joch and picnic blanket can also be borrowed there. Price: € 50.00, for holders of annual tickets and Freizeitticket € 25.00. Duration until approx. 22.15 then descent (time is adjusted to the date or time of sunset, is included in the participant information, which arrives the day before). Registration via our adventure shop, the landlord or the regional information offices.